

Female U16 POE - June Development Camp

Scotiabank hockey for all centre

Winnipeg, MB

June 7 - June 9, 2024



| June 7th | Event | Length | Program | TEAM | TEAM | LOCATION |
|----------|-----------------|--------|---------|-------|---------|-------------------------------------|
| 12:00pm | Fitness Testing | 75 min | U16 | All | Goalies | Sport For Life Centre |
| 1:30pm | Fitness Testing | 75 min | U16 | Black | White | Sport For Life Centre |
| 3:00pm | Fitness Testing | 75 min | U16 | Gold | Green | Sport For Life Centre |
| 4:00pm | Goalie Session | 60 min | U16 | All | Goalies | HFAC - WMGT HFAC - WMGT HFAC - WMGT |
| 6:30pm | Skills | 75 min | U16 | Black | White | |
| 7:50pm | Skills | 75 min | U16 | Gold | Green | |

| June 8th | Event | Length | Program | TEAM | TEAM | LOCATION |
|----------|--------|--------|---------|-------------|------------------|-------------|
| 8:30am | Skills | 75 min | U16 | Black/White | Forwards/Goalies | HFAC - PCL |
| 10:00am | Skills | 75 min | U16 | Gold/Green | Forwards/Goalies | HFAC - PCL |
| 11:30am | Skills | 75 min | U16 | All | Defence | HFAC - PCL |
| 5:00pm | Skills | 75 min | U16 | Black | White | HFAC - WMGT |
| 6:30pm | Skills | 75 min | U16 | Gold | Green | HFAC - WMGT |

| June 9th | Event | Length | Program | TEAM | TEAM | LOCATION |
|----------|-------|--------|---------|-------|-------|-------------|
| 8:30am | Game | 75 min | U16 | Black | White | HFAC - PCL |
| 9:00am | Game | 75 min | U16 | Gold | Green | HFAC - WMGT |
| 12:00pm | Game | 75 min | U16 | TBD | TBD | HFAC - WMGT |
| 1:30pm | Game | 75 min | U16 | TBD | TBD | HFAC - WMGT |

